



August edition

WEB: WWW.ASK4CARE.COM

COMPLIMENTS OF ASK4CARE SUPPORT SERVICES INC.

Bello is a compassionate and dedicated staff that has utilized her enthusiasm and motivation to enhance the experience of special needs individuals.

Bello, your contribution towards the company has been magnificent in your short time here with us. It is employees like you due to which Ask4care has achieved such a success. We are so proud to have you as part of our work family and hope that you keep up the good work for many years to come! Wishing you the best for continued success!”

-Aditi Pathak



## ASK4CARE Employee of The Month for July is BELLO ABIOLA!



***“Employees are a company’s greatest asset – They’re your competitive advantage. You want to attract and retain the best; provide them with encouragement, stimulus, and make them feel that they are an integral part of the company’s mission.”***

- Anne M. Mulcahy

# Wheelchair bound couple's love story spreads hope for a better tomorrow

DECCAN CHRONICLE



The tale of unconditional love has inspired many (Photo: Facebook)

They met with an accident and sustained injuries to the spine in the exact same car but three years apart.

An accident that leaves you with disabilities can be devastating and an experience which turns life into a struggle. But having the right companion for life can make things better and give hope for a better life ahead.

The story of a wheelchair bound couple from Mumbai is both fascinating and heart-warming as

it begins when they met at a medical conference and both sustained injuries to the spine in an accident while travelling in the exact same car three years apart.

They talked about their experiences and soon started meeting for coffee and movies, as their feelings of unconditional love motivated them to build a better tomorrow together.

This story shows how in times of darkness and despair after being struck by a tragedy, love can be the answer to all dilemmas.

“We met at a medical convention around 9 years ago. It’s strange, but we went through very similar accidents — we both sustained injuries to the spinal cord in car accidents that took place on the same street in New Bombay and we were both even traveling in the exact same car...except our accidents took place 3 years apart! That’s how we became friends — initially we used to talk about our accidents and supported each other but slowly, we started meeting for a movie, or coffee or with a group of friends. We didn’t even realize when we began to text each other all the time and have conversations that lasted until 4 in the morning.

We realized we had feelings for each other only when she took a 20-day trip abroad, and we were out of touch for that period. She would still call me once a week whenever she could make an ISD call...but I missed her, I missed talking to her every day and when she came back she told me the same thing! We both confessed our feelings to each other and began to date. Of course, initially it was difficult because of both of us being in wheelchairs and a lot of time we both needed help — sometimes to use the restroom when we were eating at a restaurant or to get out of a cab, but we got by! People have always been so kind to us — I still remember this one time when the restaurant owner asked these people who were halfway through their meal to shift tables as it would be more convenient to us and they didn’t even hesitate once!

So, we've gotten by and we've been dating for over 7 years now — but very early on I knew I wanted to marry her. She brings out the best in me and she's so thoughtful that I wonder how I ever got so lucky — she's saved every little memory of ours whether a movie ticket or our conversations from BBM to WhatsApp to MSN and she just makes everything so special! I knew I wanted to marry her come what may, but both parents were very against it. They had questions like 'how will both of you manage?' 'at least one of you should be able' but through these past few years we've shown them that we can more than manage. We've tried being independent and doing things on our own and as for the rest, when we live together we'll figure it out together. In fact, we've learnt to be around one another and support each other so much that we recently went to Goa together alone and it was by far the best time and that's what we're looking forward to forever. We may be differently abled, but together we're so complete...together we're two parts of one whole

## VEGAN STUFFED PORTOBELLO MUSHROOMS

### Ingredients

- 16 oz. small/medium portobello or "baby bella" mushrooms (20-25, depending on size)
- 1 small onion chopped well
- 1 small red bell pepper chopped well
- 1 small stalk celery (green part only), sliced in half and then chopped fine
- 2 cloves garlic minced
- 1/2" slice fresh ginger, peeled and minced
- 1/2 c pecans, well crushed
- 1 Tbs olive oil
- 1 tsp soy sauce or tamari
- fresh ground black pepper to taste



### Instructions

1. Heat the oven to 350. Line a baking sheet with parchment paper. Pop the stems out of the mushrooms and arrange the caps on the baking sheet.
2. Chop the stems well and put them in a mixing bowl. Chop the rest of the veggies and add them to the bowl. Stir in the pecans.
3. Heat a skillet on medium and add the oil. Add the contents of the bowl to the skillet and sauté for about 4-5 minutes. Remove from heat and let cool slightly. Stir in the soy sauce and fresh black pepper to taste.
4. Spoon filling into each mushroom cap. Bake for 15 minutes. If the mushrooms are sticking to the parchment, give them a gentle twist to loosen. Serve hot.



To refer candidate(s) known to you, ask for the referral form to be emailed to you. Please complete the form and return it, along with a copy of the prospective candidate's resume to the Human Resources department:

Mail to: [careers@ask4care.com](mailto:careers@ask4care.com) or FAX to: 416 907 1508. **NO PHONE CALLS PLEASE**

If the referred candidate starts work at ASK4CARE and continues to work for us for a minimum period of 90 days (calculated from the start date of first paid assignment onwards), the referring (STAFF) will receive **[\$300] BONUS INCENTIVE!!!**

#### Terms and Conditions

1. Must speak: **English, Cantonese and Mandarin**
2. Must have PSW certificate/diploma from recognised school/college/institution. *\*RPNs willing to work as PSW at PSW rates acceptable as well*
3. Must have 6 months to 1-year experience working in a Long-Term Care setting
4. Bonus incentive will only be paid out once the referred staff completes **3 months** of consistent work with ASK4CARE (averaging a minimum of 20hrs/week)
5. Referral bonus will not be paid until referral form is submitted and verified.
6. Referral incentive bonus can only be claimed by **ASK4CARE current working contract-staff/employees** and payments **WILL NOT** be made to 3rd party referring agencies and their likes.
7. Only one referral award can be given per candidate. If a candidate is referred by more than one person, the first referral received will be the one rewarded.



**Help us build a Great Team**

For every **successful referral**  
comes a great **BONUS!**



Canadian National Exhibition (CNE)  
Exhibition Place, Toronto  
Fri, 17 Aug - Mon, 03 Sep 2018

FAN EXPO CANADA  
August 30 to September 2, 2018

TORONTO INTERNATIONAL BUSKERFEST  
August 31 to September 3, 2018

A showcase for hundreds of the most spectacular acts on earth – fearless, funny and wacky – see it all at Toronto's wildly successful street performer festival!

World Suicide Prevention Day  
Sept 10, 2018



TORONTO INTERNATIONAL FILM FESTIVAL (TIFF)  
September 6 to 16, 2018

The world's largest public film festival, screening more than 300 films from around the world in venues across the city.

Terry Fox Run September 16\*  
<http://www.terryfox.org/run/>



NUIT BLANCHE TORONTO  
Saturday, September 29, 2018

A contemporary art event that magically transforms Toronto's streets and parks into an artistic playground with exhibitions, live performances and creative programs.

Veg Food Fest  
Fri, 07 - Sun, 09 Sep 2018  
Harbourfront Centre, Toronto  
Taste Toronto's best veg cooking with over 140 vendors.

International Make-Up Artist Trade Show -Toronto (IMATS-Toronto)  
Sat, 22 - Sun, 23 Sep 2018  
Metro Toronto Convention Centre, Toronto

The International Make-Up Artist Trade Show, or IMATS, is the make-up world's biggest gathering.